

## **Workshop 12: Use of Interactive Drama to promote Positive Message in Schools and Community**

8/10/2016 10:15 am – 11:45 am

**Moderator: Mr. CHAN Wing-Kin** Supervisor, Shatin District, BGCA

**Speakers: Mr. CHAN Pik-Fai** Supervisor, Corporate Development, BGCA, **Miss Carrie HO Ka-Lai**, **Miss Bobo CHAN Wing-Yee** Social Workers, BGCA and **Mr. CHAN Cho-Kin** Project Officer, Community Creativity Learning Centre, BGCA

**Title: Use of Drama Programmes in Tackling School Bullying: A Whole-School Approach of OAE in Students' Reflection, Interaction between School Environment and Person**

### **Abstract:**

Being bullied and being a bully is associated with increased health problems and poorer emotional and social adjustment. A school-based drama programs including drama, theater and role playing methods succeeded in increasing knowledge and articulation of independent thinking to empower children to stand up to bullying; and building a caring school environment. In the drama programs, student learnt by OAE (observation, action and education) to improve awareness, empathy and social competence.

Research found that social skills group intervention failed to address the systemic issues and social environment related to bullying, undermines success. The intervention incorporates a whole-school approach involving the whole school community would be more effective.

**Speakers: Dr. Daniel HO Sai-Yin** Principal Investigator of 3Hs Family Drama Project II, Associate Professor, School of Public Health, The University of Hong Kong and **Ms Ada FUNG Yuen-Ting** Project Officer of 3Hs Family Drama Project II, BGCA

**Title: Use of Drama to promote Family 3Hs in School, in Family and the Community**

### **Abstract:**

Good family support is essential for the all-rounded development of children, and good family communication is also very important to the healthy growth of children. Funded by The Hong Kong Jockey Club Charities Trust (HKJCCT), The Boys' & Girls' Clubs Association of Hong Kong (BGCA) and the School of Public Health of The University of Hong Kong (HKUSPH) jointly launched a two-year preventive project in 2014 – **3Hs Family Drama Project II - Family Interactive Drama with Exercise and Fun**. A school drama tour for 100 shows and a series of activities with large-scale research were successfully arranged. By adopting a positive preventive and public health approach, we promoted the messages of FAMILY 3Hs (Health, Happiness and Harmony) and FAMILY Holistic Health among our youngsters, their families and the community. The project is thus regarded as innovative and a ground-breaking initiative in Hong Kong, which integrates 'Best Science' and 'Best Practice' with Best Art' to generate the 'Best Evidence'.