

Workshop 13: An Introduction Workshop in the Sensitive Use of Art for Social Work/ Counseling Intervention

8/10/2016 10:15 am – 11:45 am

Moderator: Ms. Daisy YEW Ching-Sheung Supervisor, Central Western & Southern District, BGCA

Speakers: Ms. May CHAN Siu-Mei UK Art Psychotherapist, BGCA **Miss Brenda LEE Ka-Yun** and **Miss Kate FUNG Kit-Ying** School Social Workers, BGCA **Miss Karen KWOK Yim-Kam** Family Life Educator, BGCA **Mr. CHAU Chun-Yam** and **Mr. Rex YIU Kai-Lok** Social Workers specific work with LGBT youths and **Miss Kate LAM Wing-Man** Outreaching Social Worker, BGCA

Title: An Introduction workshop in the Sensitive Use of Art for Social Work/Counseling Intervention

Abstract:

Art therapy is a form of psychotherapy that uses art media as its primary mode of communication. It involves the use of visual and tactile media as a means of self-expression, reflection and communication in the presence of a trained art therapist. Where words come with difficulty, or are unavailable, art can provide an important outlet for feelings. Qualified art therapist is there to encourage, support and aid communication within a safe and facilitating environment, enabling the client to effect personal change and growth.

This workshop aims to introduce social workers/ counselors to the potential safely using the arts in their own work setting. This is **NOT** an art therapy training, but the speakers will share their practice in using art to various target clients particularly on children and youth work. Through the workshop, we hope that each participant will be provided with an experience which will lead to understanding that will compliment with their work as social workers or counselors.