

## **Workshop 6:**

### **Developmental Appropriate Practices for Children: A Magical Power of Play**

8/10/2016 10:15 am – 11:45 am

**Moderator: Ms. Ponny SHUM Lai-Kuen** Supervisor, Pre-school Education and Service

**Speaker: Ms Kelly CHUNG Yee-Ping** Center-in-charge, Growth Development Center, BGCA; Registered Play Therapist-Supervisor, Association for Play Therapy Inc (APT); President, Hong Kong Association for Play Therapy (HKAPT)

#### **Title: Play Therapy in Trauma**

##### **Abstract:**

Play is the natural language of children. Literature and researches (Gil, 2012; Van der Kolk, 2013; Van Fleet, 2014; Blaustein, 2014) have proved if the child experienced traumatic events, he or she could not express his/her feeling in verbal as an adult. This is because the language ability and the psychological influence of traumatic events are very different on children. However, in play therapy, children can re-construct freely and safely about their traumatic issues which help them to relieve the stresses. In the workshop, Kelly will present her play therapy work with children who have experienced traumatic events.

**Speaker: Ms Gigi CHAN Wing-Chi** Social Worker, BGCA

#### **Title: Parallel Playgroup For Children With Anxiety Problem**

##### **Abstract:**

PLAY plays a very important role in childhood. PLAYING is also a key developmental function especially to children who suffered in anxiety problem. The workshop is going to illustrate how to enhance child's self-understanding through different games in a parallel playgroup. In addition, by knowing 'emotion', learning 'expression of feeling' and experience method of 'emotion release', a playgroup facilitates parents to master parental skills. The speaker will also pin point the importance of interesting parent-child games in releasing child anxiety, and of development of security and attachment between parent and children.

**Speaker: Ms Aby CHAU** Head, Play Service Development, Playright

#### **Title: Creating Playful Communities for Children**

##### **Abstract:**

Play is an inevitable part of a child's growth, and is also the key element of a happy childhood. According to Article 31 of the United Nation Convention on the Rights of the Child, children have the right to rest and leisure. Hence, play is regarded as the basic right of children, and equally important as their survival.

As an NGO advocating children's right to play in Hong Kong, Playright strive to spread, promote and deepen the beliefs and ideas through the demonstration work in different settings. In the workshop, the speaker will share some innovative projects and how it demonstrates the power of play.